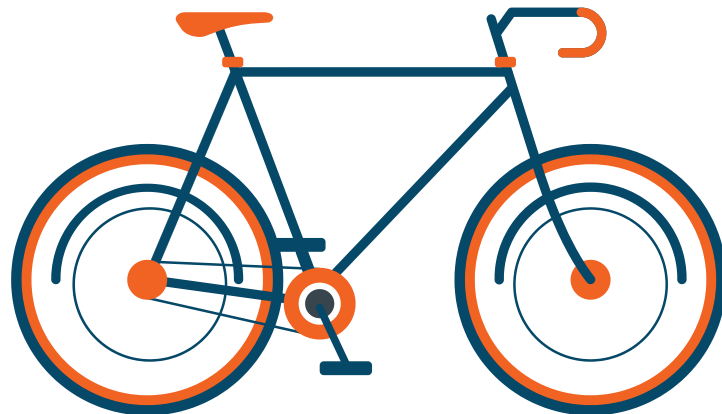


# SMART CYCLING CLASS

## BENEFITS:

- IMPROVE RIDING SKILLS
- BUILD CONFIDENCE AND KNOWLEDGE
- CONNECT WITH LOCAL RESOURCES

**THIS CLASS IS A PREREQUISITE FOR THE LCI (LEAGUE CERTIFIED INSTRUCTOR) SEMINAR.**



**COMPLETE COURSE \$40:**

**ONLINE - NOVEMBER 2 AND 4, 6 - 7:30 PM**

**IN PERSON - NOVEMBER 6, 9 AM - 3 PM**

**@ JIBE OFFICE, 1918 DEL PASO RD. #100,**

**SACRAMENTO 95834**



**SIGN UP HERE!**

**FOR MORE INFO: MELLISSA@JIBE.ORG**